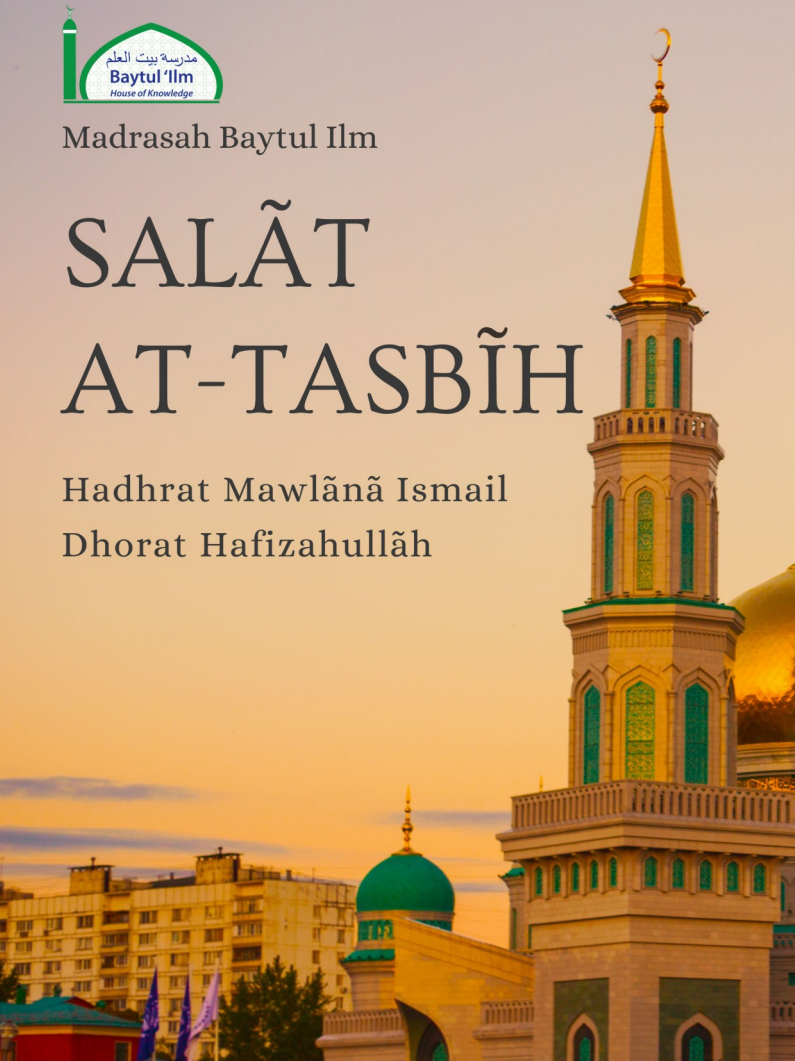




Madrasah Baytul Ilm

# SALĀT AT-TASBĪH

Hadhrat Mawlānā Ismail  
Dhorat Hafizahullāh



Once, the Prophet ﷺ said to his uncle Abbās ؓ,  
"O Abbās, my uncle! Shall I not gift you  
something special, that if you act upon it,  
Allāh ﷻ will forgive all your sins, whether old  
or new, intentional or unintentional, minor or  
major, open or hidden...." The Prophet ﷺ then  
taught this special form of salāh known as  
Salāt At-Tasbīh.

The Prophet ﷺ advised that it should be  
performed once everyday. And if it cannot be  
performed daily, then one should try to  
perform it every Friday, or once a month, or  
once a year or at least once in a lifetime.  
(Abū Dāwūd, Ibn Mājah)

### How To Perform Salāt At-Tasbīh

Make the intention to perform 4 raka'āt Salāt  
At-Tasbīh, recite Sūrah Al-Fātihah and another

sūrah in every rak‘ah and recite the following Tasbīh according to one of the methods shown below:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ  
وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

Subhānallāhi wal-hamdulillāhi wa  
lā ilāha illallāhu wallāhu akbar

Glory be to Allāh. And all praise be to Allāh.  
And there is none worthy of worship besides  
Allāh. And Allāh is the Greatest.

### Method 1 (Recommended)

15 times before Sūrah Al-Fātihah (after thanā  
in the first rak‘ah)

10 times after the second sūrah i.e. before  
going into rukū‘

10 times in rukū' - after having recited  
subhāna rabbiyal 'azīm

10 times in qawmah (standing after rukū') -  
after having recited rabbanā wa lakal hamd

10 times in the first sajdah - after having  
recited subhāna rabbiyal a'lā

10 times in jalsah (short sitting between the  
two sajdahs)

10 times in the second sajdah - after having  
recited subhāna rabbiyal a'lā

Thereafter, either get up for next rak'ah or  
proceed to tashahhud (if concluding second  
or fourth rak'ah)

## Method 2

15 times after the second sūrah - before going  
into rukū'

10 times in rukū' - after having recited  
subhāna rabbiyal 'azīm

10 times in qawmah (standing after rukū‘) -  
after having recited rabbanā wa lakal hamd

10 times in the first sajdah - after having  
recited subhāna rabbiyal a’lā

10 times in jalsah (short sitting between the  
two sajdahs)

10 times in the second sajdah - after having  
recited subhāna rabbiyal a’lā

10 times after the completion of the second  
sajdah - tasbīh to be recited whilst sitting  
down, before getting up for the next rak‘ah  
(if concluding first or third rak‘ah) or before  
recitation of tashahhud (if concluding second  
or fourth rak‘ah)

### **Some Important Masā’il**

1) This salāh can be performed at any time  
except the three makrūh times. However, the  
more appropriate times in order of preference

are: after midday, anytime during the day, and anytime during the night.

2) Counting should not be done with the mouth, as this will break the salāh. Similarly, counting with the fingers or by using a string with beads is not desirable. The best way is that the fingers are kept in their normal positions, but should be pressed one by one for counting.

3) If one forgets to recite the tasbīh at any stage, he should make up for this deficiency in the next posture. However, the deficiency cannot be made up for in Qawmah (standing position after Ruku), in Jalsah (short sitting between the 2 sajdahs) or after the second Sajdah.