

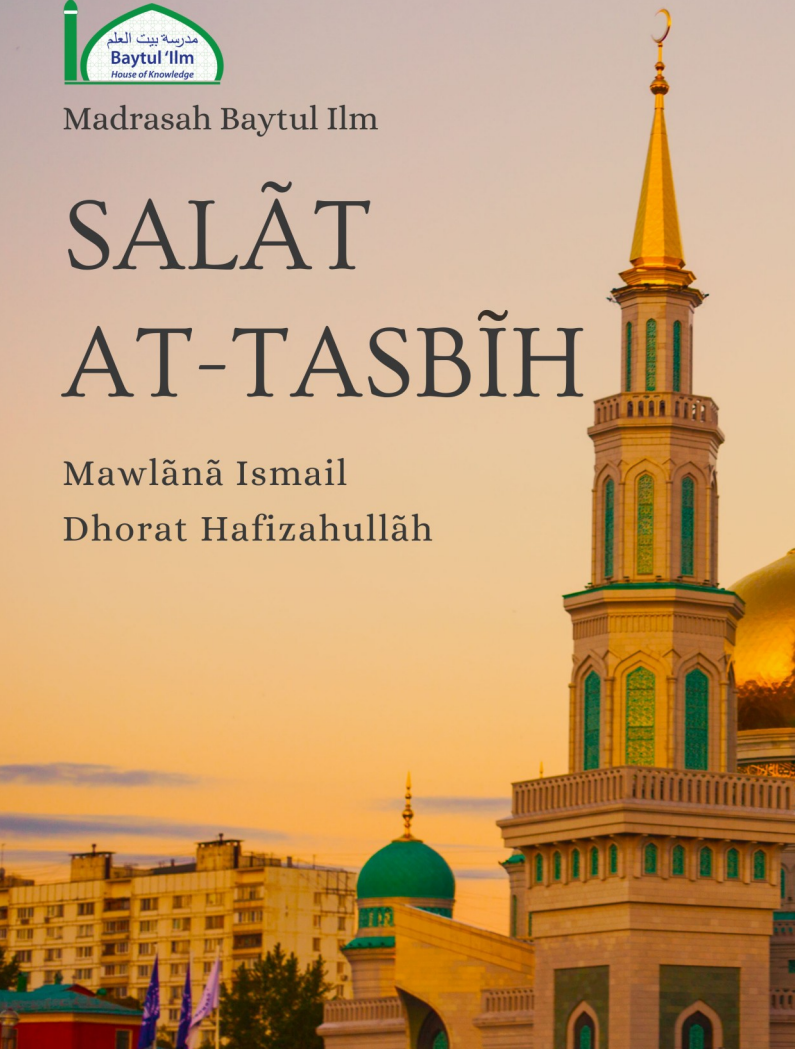


Madrasah Baytul Ilm

SALĀT AT-TASBĪH

Mawlānā Ismail

Dhorat Hafizahullāh



Once, the Prophet ﷺ said to his uncle Abbās ؓ, "O Abbās, my uncle! Shall I not gift you something special, that if you act upon it, Allāh ﷻ will forgive all your sins, whether old or new, intentional or unintentional, minor or major, open or hidden...." The Prophet ﷺ then taught this special form of salāh known as Salāt At-Tasbīh.

The Prophet ﷺ advised that it should be performed once everyday. And if it cannot be performed daily, then one should try to perform it every Friday, or once a month, or once a year or at least once in a lifetime. (Abū Dāwūd, Ibn Mājah)

How To Perform Salāt At-Tasbīh

Make the intention to perform 4 rak'āt Salāt At-Tasbīh, recite Sūrah Al-Fātihah and another sūrah in every rak'ah and recite the following Tasbīh according to one of the methods shown below:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

*Subhānallāhi wal-hamdulillāhi wa
lā ilāha illallāhu wallāhu akbar*

Glory be to Allāh. And all praise be to Allāh.
And there is none worthy of worship besides Allāh.
And Allāh is the Greatest.

Method 1 (Recommended)

15 times before Sūrah Al-Fātihah (after thanā in the first rak‘ah)

10 times after the second sūrah - before going into rukū‘

10 times in rukū‘ - after having recited subhāna

rabbiyal ‘azīm

10 times in qawmah (standing after rukū‘) - after having recited rabbanā wa lakal hamd

10 times in the first sajdah - after having recited subhāna rabbiyal a’lā

10 times in jalsah (short sitting between the two sajdahs)

10 times in the second sajdah - after having recited subhāna rabbiyal a’lā

Thereafter, either get up for next rak‘ah or proceed to tashahhud (if concluding second or fourth rak‘ah)

Method 2

15 times after the second sūrah - before going into rukū‘

10 times in rukū‘ - after having recited subhāna

rabbiyal ‘azīm

10 times in qawmah (standing after rukū‘) - after having recited rabbanā wa lakal hamd

10 times in the first sajdah - after having recited subhāna rabbiyal a’lā

10 times in jalsah (short sitting between the two sajdahs)

10 times in the second sajdah - after having recited subhāna rabbiyal a'lā

10 times after the completion of the second sajdah - tasbīh to be recited whilst sitting down, before getting up for the next rak'ah (if concluding first or third rak'ah) or before recitation of tashahhud (if concluding second or fourth rak'ah)

Some Important Masā'il

- 1) This salāh can be performed at any time except the three makrūh times. However, the more appropriate times in order of preference are: after midday, anytime during the day, and anytime during the night.
- 2) Counting should not be done with the mouth, as this will break the salāh. Similarly, counting with the fingers or by using a string with beads is not desirable. The best way is that the fingers are kept in their normal positions, but should be pressed one by one for counting.
- 3) If one forgets to recite the tasbīh at any stage, he should make up for this deficiency in the next posture. However, the deficiency cannot be made up for in Qawmah (standing position after Ruku), in Jalsah (short sitting between the 2 sajdahs) or after the second Sajdah.