



MADRASAH BAYTUL ILM

THE 6 FASTS OF SHAWWĀL

"Whoever fasts in the month of Ramadhān then follows it with 6 fasts in the month of Shawwāl, it will be as if he has fasted every single day." (Muslim)

The 'Ulamā have interpreted this hadeeth by stating that - as mentioned in the Noble Qur'ān - Allāh Ta'ālā multiplies the reward of good deeds by 10. Therefore, the reward for fasting 30 days in Ramadhān amounts to the reward of fasting for 300 days.

Thereafter, if these fasts are followed by 6 more fasts in Shawwāl, they amount to the reward of another 60 fasts bringing the total reward to 360. And this is the total number of days found in the islamic calendar. Hence, it is as if he has fasted every single day.

It is preferable not to delay these fasts and in fact start keeping them as soon as possible after the day of Eid (i.e. from 2nd Shawwāl to 7th Shawwāl). However, they can be kept in other days of this month, and it is not necessary to keep them consecutively.

The dates of Shawwāl are provided below, helping readers to plan their 6 fasts and to prevent missing out on the opportunity of earning this great reward.

