

اللَّهُمَّ أَدْخِلْهُ عَلَيْنَا بِالْأَمْنِ  
وَالْإِيمَانِ، وَالسَّلَامَةِ وَالْإِسْلَامِ،  
وَرِضْوَانٍ مِّنَ الرَّحْمَنِ، وَجِوَارٍ  
مِّنَ الشَّيْطَانِ

Allāhumma adkhil-hu alaynā bil amni wal imān,  
wassalāmati wal islām, wa ridhwānim minar rahmān,  
wa jiwārim minash shaytān

Oh Allāh, Bring it (this month) upon us with security and Imān, with  
safety and Islām, with the pleasure of the Most Merciful and with  
protection from shaytān. (At-Tabrāni)

## SHA'BĀN 1447

| Mon      | Tue         | Wed      | Thu      | Fri      | Sat      | Sun         |
|----------|-------------|----------|----------|----------|----------|-------------|
|          | 1<br>20 Jan | 2<br>21  | 3<br>22  | 4<br>23  | 5<br>24  | 6<br>25     |
| 7<br>26  | 8<br>27     | 9<br>28  | 10<br>29 | 11<br>30 | 12<br>31 | 13<br>1 Feb |
| 14<br>2  | 15<br>3     | 16<br>4  | 17<br>5  | 18<br>6  | 19<br>7  | 20<br>8     |
| 21<br>9  | 22<br>10    | 23<br>11 | 24<br>12 | 25<br>13 | 26<br>14 | 27<br>15    |
| 28<br>16 | 29<br>17    | 30<br>18 |          |          |          |             |

### The Fasts of

### Ayyāmūl Beedh

Sayyidunā Milhān

Al Qaisi ؓ says, "Nabi ؓ would encourage us to keep the fasts of Beedh i.e. the 13<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup>."

He further says that Nabi ؓ mentioned, "It is equivalent to fasting every day."  
(Abu Dāwud)

Shaykhul Hadith Hadhrat Mawlānā Muhammad Saleem Dhorat ؓ says, "Nobody is really free, either you are a slave of Allāh ﷻ, or of your nafs."  
(Words of Worth)