

1

HADITH OF THE MONTH

JANUARY 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:

“لَا تَغْضَبْ.” (البخارى)

Nabi ﷺ said,

“Do not get angry.”

2

HADITH OF THE MONTH

FEBRUARY 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
”الصِّيَامُ جُنَّةٌ“ . (البخارى)

Nabi ﷺ said, “Fasting is a shield (from sins).”

3

HADITH OF THE MONTH

MARCH 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
”تَسَحَّرُوا فَإِنَّ فِي السُّحُورِ بَرَكَةً“.

(البخارى)

Nabi ﷺ said, “Partake in suhoor, for indeed there is blessing in suhoor.”

4

HADITH OF THE MONTH

APRIL 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:

”إِذَا شَرِبَ أَحَدُكُمْ فَلَا يَتَنَفَسُ

فِي الْإِنَاءِ“ . (البخارى)

Nabi ﷺ said, “When one of you drinks, one should not breathe in the utensil.”

5

HADITH OF THE MONTH

MAY 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:

”وَإِذَا بَالَ أَحَدُكُمْ فَلَا يَمْسَحْ

ذَكَرَهُ بِيَمِينِهِ“ . (البخارى)

Nabi ﷺ said, “When one of you relieves himself, he should not touch his private part with his right hand.”