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HADITH OF THE MONTH

JANUARY 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:

“لَا تَغْضَبْ”. (البخارى)

Nabi ﷺ said,

“Do not get angry.”

2

HADITH OF THE MONTH

FEBRUARY 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
”الصَّيَّامُ جُنَّةٌ“ . (البخارى)

Nabi ﷺ said, “Fasting is a
shield (from sins).”

3

HADITH OF THE MONTH

MARCH 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
”تَسَحَّرُوا فَإِنَّ فِي السُّحُورِ بَرَكَةً“.
(البخارى)

Nabi ﷺ said, “Partake in
suhoor, for indeed there is
blessing in suhoor.”

HADITH OF THE MONTH

APRIL 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
 ”إِذَا شَرِبَ أَحَدُكُمْ فَلَا يَتَنَفَّسُ
 فِي الْإِنَاءِ“. (البخارى)

Nabi ﷺ said, “When one of you
 drinks, one should not breathe in
 the utensil.”

5

HADITH OF THE MONTH

MAY 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
”وَإِذَا بَالَ أَحَدُكُمْ فَلَا يَمْسَحُ
ذَكَرَهُ بِيَمِينِهِ“. (البخارى)

Nabi ﷺ said, “When one of
you relieves himself, he should
not touch his private part with
his right hand.”

6

HADITH OF THE MONTH

JUNE 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
”كُلُّ شَرَابٍ أَسْكَرَ فَهُوَ حَرَامٌ“.
(البخارى)

Nabi ﷺ said, “Every
drink which intoxicates
is forbidden.”

7

HADITH OF THE MONTH

JULY 2026

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:
”إِنَّ الْمُؤْمِنَ إِذَا كَانَ فِي الصَّلَاةِ
فَإِنَّمَا يُنَاجِي رَبَّهُ“ . (البخارى)

Nabi ﷺ said, “Verily,
when a believer is in Salāh,
he is privately conversing
with his Lord.”